November 19, 2020

**Board Memo 083-2020: Notice of Stand Up Talk re Social Distancing Reminder**

USPS Headquarters has issued an updated Stand Up Talk reiterating the importance of wearing a mask and maintaining social distance.

Please share the attached with your membership. It will also be posted on our website at [https://naps.org/Bulletin-Board-Archive](https://naps.org/Bulletin-Board-Archive).

Thank you and be safe

NAPS Headquarters
Mandatory Stand-Up Talk

Nov. 18, 2020

Social distancing reminder

Thanks to the hard work of employees like you, the Postal Service has been able to fulfill its critical mission throughout the COVID-19 pandemic.

You have helped ensure we are there for our customers every day, serving as a lifeline for millions of people.

Today, we want to remind everyone of the importance of social distancing and other guidance from the Centers for Disease Control and Prevention (CDC), including the use of face coverings.

COVID-19 spreads mainly among people who are in close contact (within about 6 feet) for a prolonged period — 15 minutes within a 24-hour period.

To reduce the spread, you must observe social distancing guidelines whenever possible while on delivery routes, at retail counters, and within the postal workplace: in plants, on docks, and in lunch and break rooms.

We also recommend that you always wear face coverings at work and in public settings. Postal policy also requires you to wear a face covering when social distancing of six feet cannot be maintained and when required by local or state orders or directives.

Because people can spread the virus before they know they are sick, social distancing helps minimize transmission even if you — or others — do not have any symptoms. Social distancing is especially important for people who are at higher risk for severe illness from COVID-19.

Taking these steps to stay healthy and well means we can continue to deliver for the American people and remain a stable, calming presence across the country.
Thanks for listening. And thank you for everything you do for our customers.

# # #