

Sample MSPB Form 185 Attached
Appeal of Adverse Action via ELM 650 Hearing
or Merit System Protection Board (MSPB)

Send Adverse Action Appeal to:
Al Lum
Labor Relations Admin Group LLC (LRAG LLC)
PO Box 25822
Brooklyn, NY 11202
(718) 429-1543 * LRAG.PO@gmail.com

If requesting ELM 650 Hearing, within 15-days of receipt of USPS decision letter, member must provide Labor Relations Admin Group LLC (LRAG, LLC) with a copy of decision letter, copy of request for ELM 650 Hearing, all other documentation if available, and NAPS form to request DDF. Request for an ELM 650 Hearing must be made within 15-days. Send entire case file ASAP via Priority Express Mail to LRAG, LLS prior to 15-day filing deadline.

If requesting Merit System Protection Board (MSPB), within 30-days provide LRAG, LLC a copy of decision letter, all other documentation if available, NAPS form to request DDF, and MSPB Form 185 with the following questions completed and form signed and dated on Question 26 only. Send entire case file ASAP via Express Mail to LRAG LLC listed above prior to 30-day MSPB filing deadline.

Information required to be completed on MSPB Form 185 prior to sending to LRAG, LLC. See Sample MSPB Form 185 for guidance.

MSPB 185 Questions to complete:

- Question 1 - Name
- Question 2 - Present Address
- Question 3 - Home Phone or Cell
- Question 4 - Name, Address of agency issuing action
- Question 5 - Employment Status (Permanent)
- Question 6 - Type of employment (Postal Service)
- Question 7 - Position, Title, Grade, Duty Station
- Question 8 - Veteran Status
- Question 9 - Length of Service
- Question 10 - Normally this is marked "No"
- Question 11 – Hearing; Mark "Yes"
- Question 12 - What was final decision
- Question 13 - Date of decision letter
- Question 14 - Effective date of action
- Question 15 - Did you attempt mediation?
- Question 16 - Leave Blank – Not Necessary – *If statement is made USPS can use against member in case)*
- Question 17 - Mark "No"
- Questions 18, 19, 20, 21, 22, 23, 24, 25 - (Leave blank – Do Not answer)
- Question 26 - Mark "Yes"; **DO NOT** complete the **DESIGNATION** section. *LRAG will complete this section. However, you **MUST** sign and date at the bottom section of Question 26.*
- Question 27 - **DO NOT** sign or date. *Leave blank for NAPS Representative to complete.*

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